

Provide the Proof of Life to Social Security Fund

According to Article 36 and Article 38(4) of Law No. 4/2010 (Social Security System), the continuity of old-age and disability pension payments depends on the beneficiary's provision of proof of life in January each year. The beneficiary can provide proof of life through **ANY** of the following methods:

	Method	Description
1	“Macao One Account” mobile app (facial recognition)	<p>Beneficiaries who already applied for the “Macao One Account” can log in to the “Macao One Account” mobile app with their accounts, and follow simple instructions to provide proof of life through facial recognition; or</p> <p>If the beneficiary's spouse/parents/children already have a “Macao One Account”, they may also log in to their accounts to assist the beneficiary in providing proof of life.</p> <p><i>[Tips: People who have not yet applied for a "Macao One Account" may apply online instantly if necessary. For details, please refer to https://www.gov.mo/pt/servicos/ps-1047/]</i></p>
2	Self-service machine	Beneficiaries may bring their valid Macao SAR Resident ID Cards to provide proof of life in person at a self-service machine set up at different locations in Macao, or the Guangdong-Macao In-Depth Cooperation Zone in Hengqin.
3	Visit a service point in person	Beneficiaries may bring their valid Macao SAR Resident ID Cards to a designated location to provide proof of life in person.
4	Verify the Proof of Life for People from Guangdong and Macao (only applicable to beneficiaries currently residing in Guangdong Province)	<p>Beneficiaries residing in Guangdong Province may visit a social insurance agency of any level in Guangdong Province, and present their valid Macao SAR Resident ID Cards to provide proof of life. After completing the procedures, the data will be directly sent back to the Macao Social Security Fund from Guangdong.</p> <p><i>[Tips: For the names and addresses of the social insurance agencies of all levels in Guangdong Province, please refer to the Social Security Fund's webpage at http://www.fss.gov.mo/en/sites/vida/]</i></p>
5	Submit supporting documents (ask someone to submit on one's behalf, or submit by mail)	<p>If a beneficiary asks someone to submit the proof of life documents on his/her behalf, ALL of the following documents must be submitted:</p> <ol style="list-style-type: none"> 1. Photocopies of the proof of life documents that meet the requirements (the original must be presented for verification) (see overleaf); 2. Provide in writing the beneficiary's personal information (including the name, Macao SAR Resident ID Card Number, address and contact phone number of current residence), and the representative's personal information (including the name and contact information). <p>If a beneficiary submits the proof of life documents by mail, ALL of the following documents must be mailed to the Social Security Fund (Address: Macao P.O. Box No. 3094):</p> <ol style="list-style-type: none"> 1. The original of the proof of life documents that meet the requirements (see overleaf); 2. A photocopy of the beneficiary's Macao SAR Resident ID Card; 3. Provide in writing the address and contact phone number of the beneficiary's current residence, and information if there is a contact person residing in Macao (including the name and contact information).

Requirements of the Proof of Life Documents and Acceptable Issuing Entities

The proof of life documents must **have the name, seal, and signature of the issuing entity, proving that the beneficiary is still alive in the year in which the proof of life is provided.** The document must **contain the beneficiary's Macao SAR Resident ID Card information** (including the beneficiary's name, the ID card number, or the date of birth, and the information must be consistent with that on the Macao SAR Resident ID Card).

Reside in Macao

The beneficiary can submit the proof of life documents issued by the following entities:

- A government department of Macao;
- A hospital, district health centre, registered doctor, or Chinese medicine practitioner in Macao;
- An elderly or rehabilitation institution in Macao (e.g. an elderly home, a day centre, etc.);
- A notary public recognised by the Macao government.

Reside outside Macao

Besides the proof of life documents issued by a **local government department** or a **hospital**, the beneficiary can also submit the proof of life documents issued by the following entities of the place of residence:

I. Applicable to people who are currently residing in mainland China:

- Office of the Macao SAR in Beijing;
- A locally registered doctor or Chinese medicine practitioner;
- A local home for the elderly and people with disabilities (e.g. an elderly home, a sanatorium, etc.);
- Resident committee and villager committee of the place of residence;
- A locally recognised notary public.

II. Applicable to people who are currently residing in the Hong Kong SAR:

- A locally registered doctor or Chinese medicine practitioner;
- A local elderly or rehabilitation institution (e.g. an elderly home, a sanatorium, etc.);
- A locally recognised notary public.

III. Applicable to people who are currently residing in Taiwan region:

- A locally registered doctor or Chinese medicine practitioner;
- The administrative department of the local residence (e.g. Village's Office, etc.);
- A locally recognised notary public.

IV. Applicable to people who are currently living abroad:

- Embassies and consulates of the People's Republic of China abroad;
- Macao Economic and Trade Office in Lisbon;
- Macao Economic and Trade Office of the European Union in Brussels;
- Macao Economic and Trade Office in the World Trade Organization;
- A locally registered doctor or Chinese medicine practitioner;
- A locally recognised notary public.