

Provide the Proof of Life to Social Security Fund

According to Article 36 and Article 38(4) of Law No. 4/2010 (Social Security System), the continuity of old-age and disability pension depends on the beneficiary's provision of the proof of life in January each year. The beneficiary can provide the proof of life by ANY of the following methods:

	Method	Description
1	“My Government Account of Macao SAR” mobile application (through facial recognition)	<p>Beneficiaries already applied for “My Government Account of Macao SAR” can log in to “My Government Account of Macao SAR” mobile application with their own accounts and follow simple instructions to provide the proof of life through facial recognition; or</p> <p>If the beneficiary's spouse/parents/children already have “My Government Account of Macao SAR”, they may also log in their own accounts to assist the beneficiary to provide the proof of life.</p> <p><i>[Tips: For people who have not yet applied for "My Government Account of Macao SAR", they may apply online immediately if necessary. For details, please refer to https://www.gov.mo]</i></p>
2	Self-service machine	You may bring along your valid original Macao SAR Resident ID Card and provide the proof of life in person at self-service machines set-up at different locations in Macao.
3	Visit a service point in person	You may bring along your valid original Macao SAR Resident ID Card to a designated location to provide the proof of life in person.
4	Verify the Proof of Life for People from Guangdong and Macao (only applicable to beneficiaries currently residing in Guangdong Province)	<p>Beneficiaries residing in Guangdong Province may visit a social insurance agency of any level in Guangdong Province, and present a valid Macao SAR Resident ID Card to provide the proof of life. After completing the steps, the data will be directly sent back to Macao Social Security Fund from Guangdong;</p> <p><i>[Tips: For the names and addresses of the social insurance agencies of all levels in Guangdong Province, please refer to Social Security Fund's webpage at http://www.fss.gov.mo/en/sites/vida/]</i></p>
5	Submit supporting documents (ask someone to submit or mail on one's behalf)	<p>If you ask someone to submit the proof of life documents on your behalf, ALL of the following documents must be submitted:</p> <ol style="list-style-type: none"> 1. The original of the proof of life documents that meet the requirements (please refer to the back page). If you are unable to submit the original, a photocopy can be submitted, but the original must be presented for verification; 2. Provide in writing the personal information of the beneficiary (including the name, Macao SAR Resident ID Card number, current address and contact phone number), and personal information of the representative (including the name and contact information). <p>If you submit the proof of life documents by mail, ALL of the following documents must be mailed to the Social Security Fund (Address: Macao P.O. Box No. 3094):</p> <ol style="list-style-type: none"> 1. The original of the proof of life documents that meet the requirements (please refer to the back page); 2. A photocopy of the beneficiary's Macao SAR Resident ID Card; 3. Provide in writing the address and contact phone number of the beneficiary's current residence, or the information about a contact person, if any, residing in Macao (including the name and contact information).

Requirements of proof of life documents and acceptable issuing entities

The proof of life documents must **have the name, stamp and signature of the issuing entity**, and the documents must **prove that the beneficiary is still alive in the year in which the proof of life is provided**, and must **contain the beneficiary's Macao SAR Resident ID Card information** (including the beneficiary's name, and the ID card number or the date of birth, and the information must be consistent with the information on the Macao SAR Resident ID Card).

If you reside in Macao
<p>The beneficiary can submit the proof of life documents issued by the following entities:</p> <ul style="list-style-type: none">- A government department of Macao;- A hospital, district health centre, registered doctor or Chinese medicine practitioner in Macao;- An elderly or rehabilitation institution in Macao (e.g. an elderly home, a day centre, etc.);- A notary public recognized by the Macao government.
If you reside outside Macao
<p>In addition to the proof of life documents issued by a local government department or a hospital, the beneficiary can also submit the proof of life documents issued by the following entities of the place of residence:</p> <p>I. <u>Applicable to people who are currently residing in mainland China:</u></p> <ul style="list-style-type: none">- Office of the Macao SAR in Beijing;- A local registered doctor or Chinese medicine practitioner;- A local home for the elderly and people with disabilities (e.g. an elderly home, a sanatorium, etc.);- Resident committee, villager committee, resident group, villager group of the place of residence;- Economic federation, economic union, economic cooperative;- A locally recognized notary public. <p>II. <u>Applicable to people who are currently residing in the Hong Kong SAR:</u></p> <ul style="list-style-type: none">- A local registered doctor or Chinese medicine practitioner;- A local elderly or rehabilitation institution (e.g. an elderly home, a sanatorium, etc.);- A locally recognized notary public. <p>III. <u>Applicable to people who are currently residing in Taiwan region:</u></p> <ul style="list-style-type: none">- A local registered doctor or Chinese medicine practitioner;- The administrative department of the local residence (e.g. Village's Office, etc.);- A locally recognized notary public. <p>IV. <u>Applicable to people who are currently residing overseas:</u></p> <ul style="list-style-type: none">- Embassies and consulates of the People's Republic of China abroad;- Macao Economic and Trade Office in Lisbon;- Macao Economic and Trade Office of the European Union in Brussels;- Macao Economic and Trade Office in the World Trade Organization;- A local registered doctor or Chinese medicine practitioner;- A locally recognized notary public.